



Mojave Desert Native Plants for Butterflies and Moths

When creating a garden to attract butterflies and moths, it's important to include plants that support the entire life cycle of the insect. This means having flowering plants for adults (nectar plants) and plants with foliage for their caterpillars to eat (larval food plants, or host plants). Adult butterflies often visit a variety of flowers, while their caterpillars typically feed only on certain species. Following are lists of host plants and nectar plants to attract desert butterflies and moths to your garden.

HOST PLANTS (food for caterpillars)

Acmispon glaber—Deerweed—Grey hairstreak, Acmon blue, Southern blue, Ceraus blue, Funereal duskywing, Harford's sulfur

Acmispon rigidus—Desert rock pea—Silvery blue, Ceraus blue, Acmon blue, Grey hairstreak

Amsinckia tessellata—Fiddleneck—Painted lady

Asclepias erosa, A. subulata — Desert milkweed, rush milkweed — Monarch butterfly, Queen butterfly

Atriplex canescens—Fourwing saltbush—San Emigdio blue, Western pygmy blue, Mojave sootywing, Saltbush sootywing

Bahiopsis parishii—Parish's goldeneye—Variable checkerspot, California patch, Sunflower seed moth

Ceanothus perplexans (*C. greggii*)--Mojave buckthorn—California tortoiseshell, California hairstreak, Echo blue, Pale swallowtail

Chilopsis linearis—Desert willow—Wavy-lined emerald moth

Datura wrightii—Sacred datura, jimsonweed—Tobacco hornworm

Descurainia pinnata—Western tansy mustard—Desert orangetip

Dudleya saxosa—Rock liveforever—Sonoran blue

Epilobium canum—California fuchsia—White-lined sphinx moth

Eriogonum species—Buckwheats—Behr's metalmark, Desert metalmark (*E. inflatum*), Grey hairstreak, Pallid blue (*E. plumatella*)

Hesperoyucca whipplei—Chaparral yucca—Giant yucca skipper

Penstemon centranthifolius—Scarlet bugler—Chalcedon checkerspot

Peritoma arborea—Bladderpod—Becker's white

Pinus monophylla—Single leaf pinyon—*Gloveria arizonensis* moth

Prosopis glandulosa, P. pubescens—Honey mesquite, screwbean mesquite—Ceranus blue, Marine blue, Grey hairstreak,

Leda hairstreak, Palmer's metalmark

Prunus fasciculata—Desert almond—Western tent moth

Psorothamnus species—Indigo bush, Smoke tree—buck moth

Salix species—Willows—Lorquin's admiral, Mourning cloak, Western tiger swallowtail

Senna armata—Desert senna—Cloudless sulfur, Sleepy orange

Sphaeralcea ambigua—Apricot mallow—Grey hairstreak, Mallow scrub hairstreak, Painted lady, Small checkered skipper,

Northern white skipper butterfly

Stanleya pinnata—Prince's plume—Becker's white, Checkered white, Desert orangetip, California marble

Xylorhiza tortifolia—Mojave aster—Variable checkerspot

Yucca brevifolia, Y. baccata, Y. schidigera—Joshua tree, Banana yucca, Mojave yucca—Yucca moth, Giant yucca skipper

NECTAR PLANTS (food for adult butterflies and moths)

Abronia villosa — Sand verbena

Chaenactis species—Pincushion

Condea emoryi—Desert lavender (frost tender—best at low elevations)

Encelia actoni—Acton's encelia

Encelia farinosa--Brittlebush

Ericameria species—Goldenbush, Rabbitbrush

Eriogonum species—Buckwheats

Eriophyllum confertiflorum—Golden yarrow

Heliotropium curassavicum—Salt heliotrope

Rhus ovata—Sugarbush

Salvia species—Sages

Senegalia greggii—Catclaw

Verbena gooddingii—Southwestern mock vervain, Goodding's verbena